Clarence Church Chaffee was born in 1902 and was an all-around athlete at Brown. In 1938 he came here to coach tennis, squash, and soccer at Williams College and remained for 33 years, until retirement in 1970.

I was very privileged that Chafe was my tennis and squash coach here from 1962 to 1966; I graduated several years before he retired. He was a strong factor in my decision to attend Williams. His infectious spirit, athleticism, and emphasis on sportsmanship made him a lifelong role model for me and many others.

As fine a tennis player and tennis coach as he was in his 60s, he was most inspiring to me as the squash coach. There were always plenty of already-experienced tennis players in every entering class, but very few freshmen had ever played squash at all. Chafe would entice his tennis recruits to try squash in the winter season, inviting anyone independently motivated to sign up for a private half-hour on-court lesson with him... every day if you wanted. He’d stand in the center of the court, swinging his racquet like a magic wand. He’d hit winner after winner without exertion, yelling out which winner he would hit next and why and how. What a hands-on teacher for anyone who was inspired to learn from the master and work hard!

Williams played all the Ivies in the 1960s, along with Army and Navy. He’d coach that if you were willing to fight fiercely through the final point, you could often beat someone with greater skills. And whenever we faced a particularly intimidating opponent like Harvard or Princeton, Chafe's motivational words reminded everyone that our opponents put their pants on one leg at a time, just like we did.

Until two years after retirement at age 68, Chafe was ineligible to play tennis tournaments, since as a coach he was categorized as a professional. Then the Open rules changed, and from age 70 until his death at age 86, he competed nationally in tennis and won 50 national senior titles. I can only imagine what the senior titles count would have been if Chafe could have started at age 60!

Along the way, five months after a heart attack at age 80, Chafe with his pacemaker won all four National 80+ singles titles, plus 3 of the 4 doubles titles (runner-up once.) An Associated Press article on this medical feat was included in a 1995 book on gerontology by Lewis Aiken.

In his final years, Chafe had trouble even holding his racket, so he fashioned a strap arrangement to prevent its flying from his hand. He still loved to play with whoever would play with him.

Continued on page 25
New England Senior Tennis Foundation, Inc.
An organization established by Bernice and Irving Levine for the general purpose of promoting tennis among senior adults in New England.

Administration
Peter Allen, President
Rich Heath, Treasurer
Peter Collias, Clerk

Board
Irving Levine
Wade Frame
Amy Read
George Ulrich
Carol Redden
Ken Miller
Dorcas Miller
Sheila Weinstock
Bats Wheeler

To facilitate the promotion of senior tennis, the following strategies will be implemented:

1. To provide instruction for seniors interested in learning how to play the sport or improve their skills;
2. To support the publication of material to help seniors learn how to play the game, improve their skills and knowledge of the game, and understand the latest health research information relating to the sport of tennis;
3. To distribute a newsletter on a regular basis that freely discusses issues in the sport of tennis and at the same time reports the results of tournaments and other competitions and news of interest to seniors;
4. To run tournaments and other competitions for seniors innovatively and in such a way as to help participants fully enjoy the sport;
5. To develop and support interstate, sectional and international competitions for seniors;
6. To respond to changing needs and interests of senior tennis players;
7. To recognize and respond to opportunities to provide leadership within a larger context for the development of tennis (i.e., to support or oppose actions by tennis groups that either further or diminish the growth and support of the sport);
8. To provide where possible and to support facilities for senior players at either a reduced rate or at no cost to them;
9. To create and support a governance structure that ensures continuity to the Foundation and support for its goals and strategies.
A TRIBUTE TO TED HOEHN

Ted Hoehn, currently ranked #1 in the USTA New England 70's, has one of the most remarkable records in the history of New England competitive tennis. I asked him how many times he's been ranked #1 and he responded that he has "honestly lost track" as his record also includes long ago #1 rankings in men's and mixed doubles.

He does know that he was ranked #1 in the 13 and under Boys (when the age categories were different than today), as well as the 15 and under and the 18 and under. He was ranked #1 twice in the Men's Open, #1 in the 60's and now #1 in the 70's. That's over a span of 57 years! And he would certainly have many more #1's to his credit had he played in our region every year, but he was often occupied playing nationally and internationally while at the same time running his Windridge Tennis Camp in Vermont.

Ted has won the U.S. Senior Doubles Championship five times and the World (yes, world) Senior 50 Doubles Championship once. Along the way, he's won an amazing 24 silver and bronze USTA championship balls.

Ted was a star football, hockey and baseball player at Hanover (NH) High School and went on to have a brilliant career at the University of North Carolina where he captained the tennis team and was named to the All-ACC team three times.

So congratulations to Ted Hoehn, an honored member of the New England Tennis Hall of Fame, a man who has represented our region at the highest levels of the game and is still going strong as a super senior!

In late July Ted went to Wimbledon as part of the U.S.I.C. team that played the U.S.I.C. team from Great Britain in the Avory Cup. This team included the top players in the country, both men and women, from the Open Division all the way up to the 70s.

Ted was privileged to have been selected along with Jimmy Parker (winner of more than 100 gold balls) and Fred Drilling, many times National Champion. Since Ted had beaten Drilling in the National Grasscourts last August, and since he holds a winning record over him lifetime, Ted was picked to play Mark Cox in the opening singles match. What his captain didn’t know, however, was that Ted’s hip was a month or so away from being operated on. So he pulled out of the singles to play in the doubles.

David Nash and Ted had a terrific battle with Mark Cox and Henk Nijeboer and ended up losing 10-7 in a third set tiebreaker. Unfortunately, the Brits beat the U.S. pretty soundly in the over-all match, but a great majority of the matches were incredibly tight. Jet-lag certainly played a role in the outcome, and it’s interesting to note that in all of the previous eight ties, the home team has won every time. In two years the U.S. will host the Brits in Charleston, South Carolina, and hopefully, Ted will be lucky enough to be included on the team.

By Barry Stone
South Burlington, VT
NESTF President’s Message

As I write this in August with some "premier events" still ahead (including Grass Slams), it's clear that New England again provided an outstanding outdoor tournament season for us seniors. Most summer weekends offered an opportunity for seniors to enjoy a fine weekend tournament. Between late May and mid-September, for example, I will have played in seven well-directed sanctioned tournaments and two regional competitions (Friendship Cup and Atlantic Coast Cup).

The special New England Senior Slam events, initiated in 2010 by the vision and commitment of NESTF Board members Ken and Dorcas Miller, remain New England's best attended. The Hardcourt Slams last June at Yale were a great success. There were a record number of participants, great tennis, and terrific camaraderie, although we'd like to have more women enter. The Millers deserve our ongoing thanks for continuing their time-consuming oversight and devotion to this remarkable series of Senior Slams, to which NESTF contributed $5,000 this year.

Senior players in New England greatly benefit from the subsidies that NESTF awards to such events, providing funds to make them more appealing for players. Just as important, we senior tournament players owe great thanks to all the Tournament Directors and host clubs for always holding annual senior events so hospitably, treating us as special guests.

NESTF's Board recently welcomed the addition of Sheila Weinstock of Framingham, MA. Board members are committed to NESTF's sole focus on promoting senior tennis in New England. Having generously co-founded NESTF with his wife Bernice in 1966, Irving Levine will turn 92 this September and still plays tennis as often as occasional health issues permit, an inspiration for us all. NESTF continues to invest roughly $20,000 annually in a mix of areas: grants (up to $2,000 each) for effective senior tennis programs and events, plus these semiannual online Bulletins.

Please call (508-366-0312) or e-mail me (pallen@neseniortennis.org) anytime you have suggestions for Bulletin stories or improvements for senior tennis in New England. Best wishes for an active, healthy autumn and winter. And even if your knees creak a bit like mine, remember the phrase, "Use or lose!" Resolve now to play more next summer with your senior tennis friends at NESTF-supported events!

Pete Allen, President
New England Senior Tennis Foundation
Inductee: Ned Eames

Being a part of Tenacity as a student and summer staff member over the last 14 years has been an amazing experience for me. I have been honored to meet so many great people through Tenacity. The man in the center of those relationships, Ned Eames, as well as his fellow inductees, is the reason why a portion of us are here tonight. Many of us have had a mentor over the years whether it's a high school coach, a teacher, or someone from your childhood, but usually those are relationships we have to leave at some point when we graduate or just move on. Well, I'm lucky enough to know that Ned will always be there when I need him. Not only Ned, but across Tenacity, there are a number of people who not only impacted my life but also Ned's. Bud Schultz told me a story about how he and Ned played in an over 35 doubles national tournament and Bud was in the singles finals as well and was tired from that final but when it came to the doubles Ned picked Bud up and they won the tournament and a Gold Ball. Also Ted Hoehn, owner of Windridge tennis camps who has provided scholarships to Tenacity students for a number of years and has been a mentor to Ned since they met when Ned was 17. I always wanted to go to Windridge, but now I understand why I was never picked because Ted said every Tenacity student attending his camp must be very respectful and great at tennis. Larry Greenberg told me that he got involved because his son needed to do a charity event for his Bar Mitzvah and chose Tenacity when he went into the Tenacity office and Ned attempted to get Larry involved on an ongoing basis. While Larry said he did not have the time, Ned went to work and showed his passion for what Tenacity was doing. One year later, Larry was Chairman of the Board. Bill and Kitty who are current board members, (Kitty a founder and Bill, the current Chair) tell me how Ned is passionate, and loves the mission which is what got them involved. Andy Crane who was Tenacity's founding year-round Program Director, talks about how Ned helped him on the court and also thinks Ned's greatest moments are when he is interacting with kids like me off the court. Another supporter shared how he got involved by attending a spring Gala and saw Ned wearing a Bandhgala, a handsome Indian suit with a Nehru collar. Then replied by saying "that's funny" and he said "no, that represents everything that Ned is. He loves his wife Dilshad, he is confident, he is passionate, and he is precise." To these attributes I could not agree more.

My first interaction with Ned was at the very first student tryouts which coach Dave Fish hosted at Harvard. After I had been running around like an "out of control ll year old" and had been acting in a very disruptive way, I went up to Ned and said, "I know Tenacity is not going to pick me, but I am having a lot of fun." As it turned out, that moment, that interaction was the beginning of a great relationship that neither of us saw coming. Over the years I've been through a lot of ups and downs in my life, but Ned has always been there.

One example is when I was in search of an internship in the "who you know" world of the media. Ned was there by my side through each and every step. He took me to a few media outlets and ultimately we met with Chris Collins of Comcast Sportsnet at a coffee shop. I am proud to say I got that internship at Comcast, and although I ultimately fulfilled the work requirement, I know I would not have had this opportunity without Ned's efforts. I also have vivid memories of when I was having some family issues and was put into a group home for boys. When all the other kids would go to their parents for holidays, Ned and his wife opened their hearts and home to me and allowed me to spend time with them.

Now, today, somewhat miraculously I am a second semester senior at the University of Massachusetts, Amherst. Actually, no, not miraculously but rather because I have found the confidence and the maturity to set a goal and patiently and persistently attempt to achieve it. I have reached this point for three reasons: the support of my mother, Ned, and Tenacity.
And, I think it must be said that I as well as Tenacity would not be here today if Joe McNay had not been the very first Tenacity supporter by saying "yes" in 1997 to a vision for tennis-based youth development in Boston. He not only said "yes," but he complemented the moral support with a six-figure gift that literally launched the organization.

It is now my sincere privilege to introduce my mentor who has a super two-hand backhand, quite a bit of passion and vision, a lot of love for us all, and the dedication to stick with Tenacity and me. He is my mentor and friend, and hopefully, one day my doubles partner too. Please welcome Ned!

Richard Wilson
June 8, 2013

Inductee: Dorcas Miller

Induction to USTA/NE Tennis Hall of Fame

By Ken Miller

I am very proud to introduce Dorcas Miller, my wife, to the USTA/NE Tennis Hall of Fame induction ceremony.

She REALLY deserves it! In our 47 years of marriage, I have seen that when she gets into a "project," she never goes half-heartedly. She took up tennis in her 30s (in the 1970s the boom years of tennis) after she was injured when thrown by a horse and dislocated her shoulder. The doctors suggested tennis or physical therapy to strengthen it. She took the tennis option and worked very hard to get better, taking many lessons, playing on teams and also playing tournaments and initially getting crushed. She got better and better and started winning, but also continuing to work hard. When she turned 70, she decided to 'go for it' in the nationals by playing all four Category I national tournaments. She was nationally ranked #2 in team doubles and #9 in singles last year. She has also been ranked #1 in singles in her age group in New England for many years in succession. Last year, she was #1 in 60 singles!

Dorcas also plays on an A1 winter team at #1 singles and has the best record on the team despite being one of the oldest players on the team.

Dorcas has done a lot for tennis off the court also. She has served on the Board of Directors USTA/NE and on the Adult Players Committee. More recently, five years ago when Dorcas and I were travelling west to the Chaffee-Hart tournament in Williamstown, she said to me "What can we do to get some excitement into NE senior tournaments to get more participation?" Then she said, "What if we had a NE series of senior "grand slam" tournaments on the three different surfaces?" That has turned into the NE Senior Slam tournaments, the most heavily participated senior tournaments in New England and the first NE senior Cat II tournament in NE (the Yale Senior Slam ages 50, 60, 70). Dorcas and I were named USTA Family of the Year two years ago for this effort.

And now - here is Dorcas!
Inductee: Judith Alper Smith

Way of a Champion: Her Values and Vision

We are gathered together in these august surroundings by our love of tennis and our dedication to the rich history and development of our sport. No other sport provides an umbrella as large and encompassing, one that allows players to find their own place, express their unique gifts and abilities, and continue to grow, develop, and contribute throughout their lifetimes.

Judith Alper Smith is a champion in the truest sense of the word, and we are all here to honor and celebrate the unique path she has found to express her values and her vision in her tennis and in her life, including her family, her textiles, and her work-values, character, and a vision that provide a model that I try to emulate and learn from.

A Brookline elementary school in 1945, just at the end of World War II, seems like an unlikely place for a ten-year old girl to discover her passion and commitment to tennis. But, in a story the likes of which many of us share, a teacher named Mrs. McCormack persuaded the town to allow her to teach the sport to her fourth-grade pupils. So began Judy's lifelong journey. By her Junior and Senior years in high school Judy was Captain of the Brookline High School team.

I had not met Judy yet, nor was Dick Mount yet the Coach of the Brookline High School teams, but I am sure that the two unique qualities that Judy weaves together and brings to the game and to life were evident then. These are very unique qualities that seem quite contradictory, but, as Judy demonstrates, that can complement each other and be valued and aspired to, on and off the court - first, her love of competition and challenge and her desire and drive for excellence, and second, her emphasis on inclusion, collaboration, caring, listening, and bringing out the best in her teammates, her partners, and everyone who crosses her path.

In competition, Judy's unique game is built on her gifted sense of the space and dimensions of the court and its possibilities for "ending the point," her favorite phrase, and something she strives for. She instinctively knows and exploits angles and open spots that no one else ever thought of, not just once, but time and time again, so that her opponents are left aghast and onlookers are clapping in amazement. Her anticipation is wonderful, and her focus and concentration are unmatched. Her overhead from any spot on the court is a thing of beauty like a graceful bird in flight. She relishes strategizing to meet the challenges her opponents present, whether in singles, doubles, or mixed doubles, being willing to try any formation or any tactic that might gain an advantage. "She practices and plays hard," according to her children, "but she also thinks about the game, the strategy, and the tactics. It's as much a mental game as a physical game for her, which may be why she keeps getting better with age." Her approach and her game have brought her many successes in competition in New England and nationally over many years. As one of her children says, "when the trophies started to crowd out the beds in the spare room, we finally realized that our Mom had a very special talent."

In New England rankings Judy has held numerous No. 1 rankings in women's doubles and mixed doubles in many categories over four decades. She is currently ranked No. 1 with Ann Murphy, inducted in 1993, in Women's 70's Doubles. She and Sheila Weinstock, inducted here in 2002, formed a dominating doubles team, with a record of most wins in the Dorothy Bruno Hills Indoor Tennis League in the 1970's and 1980's, and they went on to reach #10 nationally in the 45-and-over's and a bronze medal at the Maccabiah Games in 1985 in Israel. For over thirty years Judy has ably represented New England and captained teams that competed in the Friendship Cup, the Pauline Betz Addie Cup, and the USTA's National Senior Women's Intersectional Team Event. Last year she won a gold ball with Roz King of California in the 75's at the USTA National Women's Grass Court Championships at Germantown Cricket Club, and reached the No.6 ranking nationally in doubles with Roz for 2012.
Much as she loves to "end the point" and compete and win at the highest levels, Judy also has a gift for collaboration, inclusion, and conscious and conscientious leadership so that the best is supported and brought out for anyone in her sphere, reflecting her values and vision for life. Throughout her journey, on and off the court, she has chosen to engage in activities and commitments that build community, teamwork, and include and engage all participants in meaningful ways. These are not easy tasks and require courage, character, determination, dedication, perseverance, and integrity, all qualities that Judy possesses, and truly the "stuff of champions."

Judy does not just play for herself and winning, she has always included those around her by building community and teamwork. She started and coached a kid's summer team at Sagamore Beach and established a league for kids on the Cape in the 1970's. She formed a women's competitive team in Bourne around the same time. She coached the Girl's JV and Varsity tennis teams at Newton South High School, with one of her teams winning the Mass. State Championship in 1976. She started and co-captained a women's Spring League team in Brookline in the 1980's and 1990's and Brookline now has three teams in Spring League. She was key in forming a Super Senior 60's USTA League team in Eastern Mass. In 2002, a team that has won the New England Sectionals and gone to the Nationals five times. On all of these teams Judy makes sure each player is included and she works constantly to find a way to make that player and that partnership succeed, even if it means it takes her out of her natural game. Her teammates always say that Judy is "always there for us as a great source of support and inspiration. She really listens and makes us all feel as if we really contributed to any solution." She expects success from herself and devotes herself to make it happen for others.

In her life off the court, these qualities have shown through in a wide range of undertakings. She served as the long-time Chairperson and visionary leader of the Brookline Community Foundation, a unique 140-year-old organization that continues to work to build a strong, engaged, and inclusive community, finding and funding solutions to shared challenges in social services, education, and housing in her hometown. Presently, in her professional career in the executive search field, she manages the Director's Registry at the National Association of Corporate Directors, matching candidates with corporate boards seeking to add independent Directors to their boards. For almost twenty years she worked at Heidrick & Struggles, a leading global executive search firm. Much earlier in her career she headed the travel department for the American Field Service, the leading international high school exchange program, whose motto is "Connecting Lives, Sharing Cultures." She also co-founded the Booksmith, a chain of 70 franchised retail outlets, still a standard-bearer for independent bookselling, as anyone knows who has visited Brookline Booksmith. She is a recognized collector of textiles and serves on the Advisory Board of the Textile Museum in Washington, D.C. Within the local tennis community she served many terms as an Officer and Governor at the Longwood Cricket Club, and she presently is a Governor and former Officer at the Badminton & Tennis Club in Boston.

Bill White, whose family was honored as the Family of the Year here in 2009, and who was longtime President of the Badminton & Tennis Club, summed up Judy's special qualities. "Many of us tennis nuts consider tennis to be a metaphor for life," he said. "Of course, Judy has been blessed with a certain natural athleticism, but that has never been the primary reason she has been so successful on the court. It is character - her intelligence, creativity, sensitivity, attention to detail, courage, warmth, humility, and graciousness - that has resulted in her admirable career in tennis, as in life." Her son Greg puts it another way: "A hot bowl of matzo ball soup and a long walk with Judy will prepare you for whatever comes your way. If you're strong enough, you can join her to hit a few balls on the court and you're ready to take on the world."

Judy, thank you for asking us to join your quest and to continue the journey with you. Congratulations.

by Jessie von Hippel 5/20/13
Inductee: Larry Rice

Induction Presentation for Lawrence (Larry) Bridges Rice to USTA New England's Hall of Fame

June 8, 2013 by Peter R. Allen

Tonight it is my great pleasure to present my friend and coaching icon Larry Rice for posthumous induction. If the Hall had existed before 1990, when he was 93, there is no doubt that Larry would have been recognized and inducted during his lifetime.

Larry was born in 1897 and raised in Newton, MA. As a tennis player, Larry played on the Yale varsity team and graduated in 1919. In that era the best players in the country attended either Harvard or Yale. Then he joined Longwood, improved further, and won the Massachusetts state title seven times in the 1920s; he was runner-up five more times. He was ranked #9 nationally in 1921 and #4 in 1922. His most impressive win came in 1924, a five-set semifinal over Bill Tilden in the 1924 Rhode Island clay championship.

But beyond these high credentials for the Hall's Player category, Larry's decades of contributions to Wellesley boys are even more compelling for the Hall's Non-Player category. Larry was a history teacher and amateur architect, but coaching boys to do their best was his life's true calling. For about 60 years after moving to Wellesley in 1931, he coached and mentored Wellesley boys in tennis, hockey, and other sports. Besides coaching tennis on the clay court behind his self-designed home, he brought groups of boys to a small summer camp in Belgrade Lakes, Maine for coaching there as well. When he died in 1992 at age 94, Larry had coached and influenced more than a thousand boys to love sports and to highly value sportsmanship.

Wellesley honored him in 1978 as one of the first recipients of the Wellesley Award, recognizing his years of dedicated service to Wellesley youth. I can personally attest to Larry's selfless positive influence on everyone he met. I was a fortunate "Framingham adoptee" of Larry's for two summers in the late 1950s. Each of his protégés has his own lasting memories of Larry. For example, I still think of him whenever I hit the "roundhouse serve" to the deuce side, which he taught me eagerly on his court.

A year after Larry's death, Tom Warren led the establishment of a Larry Rice Scholarship Award, funded by many of his former protégés. This scholarship continues to be awarded annually to a Wellesley High School scholar athlete, preferably a tennis or hockey player. There is no one more fitting to receive this lifetime honor on Larry Rice's behalf than Tom Warren, who will now make acceptance remarks.

For coach and mentor Rice, an overdue honor

By Marvin Pave
GLOBE CORRESPONDENT

Five years after graduating from Yale, Newton native Larry Rice defeated tennis legend Bill Tilden in the semi finals of the 1924 Rhode Island Clay Court Championships.

Rice recalled to friends that he was so exhilarated he couldn't sleep that night, and had nothing left for the championship final.

But for four-plus decades after moving to Wellesley in 1931, Rice had boundless energy, serving as a coach and mentor to more than a thousand young athletes.

He taught them to play hockey on Rockridge Pond, and to swing a tennis racket on the court he built at his home on Cypress Street and at Camp Taconnet, across the water from his summer place in the Belgrade Lakes region of Maine.
His teams were called the Wellesley Tigers, predecessors to Little
League baseball and Pee Wee hockey squads, and they more than held
their own against teams from the area's private schools.

"I first met Larry at the age of 10 when he was my tennis and hock-
ey coach," said Tom Warren, who remained close to Rice until his death

"He always looked for the best in people, and he made an immediate
and lasting impression on me," Warren said.

"He was a significant role model and instilled invaluable teachings
in my life."

Rice, a lifelong bachelor, has not been forgotten by his extended
family.

On Saturday, he will be posthumously inducted to the US Tennis
Association/New England Hall of Fame in Newport, R.I. Warren will
accept on his behalf, and Westborough's Peter Allen, who nominated
Rice, will deliver opening remarks.

Allen is chairman of regional Hall of Fame's selection committee,
and is also a member.

Allen was the top-ranked 13-year-old singles and doubles player in
New England when Rice took the Framingham youth under his wing in
the 1950s.

Warren, who went on to play hockey and tennis, at Bel-
mont Hill School, started an annual scholarship at Wellesley High in Rice's memo-
ry, an effort supported by more than 50 of Rice's proteges.

A teacher at Rivers Country Day School and an accomplished architect who traveled around the
world, Rice won the Massachusetts state singles title seven times, was runner-up five times, and was
ranked as high as fourth nationally in 1922 playing out of Longwood Cricket Club in Chestnut Hill.

In 1978, Rice was one of the first recipients of the Wellesley Award, recognizing his years of dedi-
cated service to youth in the town.

He continued to play competitive tennis well into his 80s, and never forgave one opponent for taking
advantage of his creaky knees.

"Larry told me about that match," said Warren, who coached Dover-Sherborn youth hockey for many
years and now resides in Dublin, N.H. He said, "That old goat drop-shotted me the whole time."

Allen, former coach of the Westborough High boys tennis team and a highly ranked 65-and-over
doubles player, said Rice's recognition is long overdue.

"If the Hall had existed before 1990," said Allen, "there is no doubt Larry would have been recog-
nized and inducted during his lifetime. I was one of his 'summer' tennis boys in Maine," added Allen.
"Coaching boys to do their best was his life's true calling. I still think of him whenever I hit the 'round-
house serve' to the deuce side, which he taught me eagerly on his court."

Rice (Newton High, class of 1915) was a quiet and re-
served individual. A member of three varsity
teams at Yale that compiled a 19-1-1 record, he was also fiercely competitive.

"He taught us never to give up," said Warren. "Once when I was captain at Belmont Hill, I was down
one set, five games, and 40-love to a ranked Massachusetts player.

"I could hear Larry encouraging me, and four hours later I finally won."

Warren and former Princeton University All-American hockey captain Hank Bothfeld were Rice's
neighbors.

"Larry also coached us in baseball and football, and he was successful because he took a no-nonsense,
commonsense approach, combined with a great sense of humor," said Bothfeld, who played for
the 1955 United States squad at the World Hockey Championships.
"My father, Henry, was very close to Larry. He introduced all of us to tennis and I fell in love with hockey because of him," added the 83-year-old Bothfeld, who resides in Warner, N.H., and still takes his family on nostalgic trips to Belgrade Lakes.

He recalled playing on a pond, 15 players on a side, in a game set up by Rice.
"If you wanted to keep the puck, you’d better learn to stickhandle. He was the perfect coach," said Bothfeld, who coached boys youth hockey and girls youth soccer in Wellesley.

Wellesley High boys tennis coach Brooks Goddard said Rice's support was unconditional.
"He was available to anyone, and loved going to the Hunnewell Courts later in his life, setting up his chair and watching our team play," said Goddard.

Rice symbolically watches over the Hunnewell Courts on Washington Street to this day. His name is engraved in stone adjacent to Court No.1.

The inscription reads: "A forever friend of Wellesley Tennis."

*Marvin Pave can be reached at marvin.pave@rcn.com.*

### Past Hall of Fame Inductees

The New England Tennis Hall of Fame exists to recognize those members of USTA New England, players and non-players, whose achievements as players and as sportsmen or sportswomen are worthy of the highest recognition; or whose contributions as officials or as people in some tennis related activity have been outstanding over a period of time as to justify the highest commendation and recognition.

2000: Nathanial (Nat) Niles, Percy C. Rogers, Theodora Shepherd, Ferdi Taygan, Clark R. Taylor, Mary (Mollie) Yeaton

2001: Justine Herman Butler, Walter E. Elcock, Hobart & Virginia Holly, Michael E. Leach, Nicholas B. (Chick) Sharry, Irving C. Wright


2005: Dick Ernst, Dorothy Bruno Hills, Phil Kadesch, John T. Moter, Sally B. Utiger, Elizabeth Freeman Young

2006: Russ Adams, Alan Chandronnait, Andrea Voiokos Dorr, Robert E. Leach, Ann Rogan, Kay Ruel

2007: Jack Dunmead, Molly Hahn, Harvey Harrison, Richard Heath, Charles "Whitey" Joslin, Gordon Steele

2008: Lee Hall Delfausse, Judy Dixon, Richard "Dick" Morse, Samuel V. Schoonmaker, III, Ralph E. Stuart Jr., Gerald Slobin

2009: Peter R. Allen, Jules A. Cohen, Avis R. Murray, Jean Osachuk, Aileen Smith Eleey

*Continued on page 19*
Gene Mako, 97, Tennis Champion, Dies

by Richard Goldstein

Gene Mako, who overcame injury to win a pair of United States and Wimbledon doubles championships with his good friend Don Budge but lost to him in the Forest Hills national singles final that brought Budge the first Grand Slam in tennis history, died on Friday in Los Angeles. He was 97.

His death was confirmed by Cara Lasala, a spokeswoman for Cedars-Sinai Medical Center, where he died.

A native of Hungary who learned to play tennis in Southern California, Mako seemed destined to be among the game’s biggest stars, a 6-foot "golden boy," as one writer described him, displaying a dominating serve and a strong overhead and hobnobbing with Hollywood celebrities.

But while playing on an English grass court in 1936, he fell and severely injured a shoulder. The injury took away much of his power, but Budge, his doubles partner and friend since their junior tennis days, encouraged him to persevere.

"I told him I'd be serving like a little old lady and would have to shovel the ball around, but it was O.K. with him," Mako was quoted as saying by the International Tennis Hall of Fame in Newport, R.I.

Mako and Budge won the United States men’s doubles title in 1936 at the Longwood Cricket Club in Chestnut Hills, Mass., and at Forest Hills in Queens in 1938; they won the Wimbledon doubles title in 1937 and ‘38. They teamed in doubles on four United States Davis Cup teams, including the championship squads of 1937 and ’38.

In September 1938, Mako engineered a string of upsets to reach the singles final at Forest Hills as an unseeded player. His opponent in the title match was Budge, who had won the Australian, French and Wimbledon singles titles that year and was looking to complete the Grand Slam with a United States championship in Queens.

Though the match pitted friends and road-trip roommates, the competition was intense. Winning the second set, 8-6, the only set Budge dropped in the tournament, Mako displayed a strong forehand, a backhand slice from all angles and superb lobs and drop shots.

"There was no holding back on either side, and there was no trace of amiability in the scorching forehand drives with which Mako caught Budge in faulty position inside the baseline or the murderous backhand and volcanic service which Budge turned loose," Allison Danzig wrote in The New York Times.

Budge defeated Mako in four sets, becoming the first player to capture all four of tennis’s major championships in the same year. That match was Mako's only singles final in a major.

Budge rejected suggestions that he allowed Mako to win one set out of friendship.

"I had too much respect and affection for Gene to treat him as if he were an inferior opponent," he said.
Chaffee-Hart-Alden
Senior Tennis Tournament 2013

by Ron Plock

More than 50 senior tennis players from throughout the northeast states converged on the northwest corner of Massachusetts for the annual Chaffee-Hart-Alden Senior Tennis Tournament during the weekend of July 19-21. And the weather was perfect, except for a hot and humid opening day that had players hydrating frequently. The Williams College har-tru (clay) courts were in top shape for the annual tournament, which has been held for more than half a century.

The tournament added several new categories this year and attracted men and women in their 50s and 60s, and along with the higher age groups, resulting in exciting matches during the 3-day event.

Four women competed in the Women's 60 Singles category which was won by Elizabeth Endicott of Weybridge, VT 6-1, 6-1, over Lianne Moses of Needham, MA. There were 3 teams in the Women's 60 Doubles, requiring a Round Robin match. The local team of Dixie Thompson Passardi and Carol Lamoureux captured the title by winning their 2 matches, the second being a 6-4, 6-1, victory over Rollice Ernst of Cranston, RI, and Moses.

Another new category was the Men's 50 Singles with Robert Barr of Burlington, VT, coming away with a 6-0, 6-1, victory over James Orleans of Brookline, MA, in the final. Orleans was making his comeback into competitive tennis after several years. He also plays bass with the Boston Symphony Orchestra and was able to schedule his matches around his evening concerts at Tanglewood in Lenox. Orleans also played in the Men's 60 Singles and came in second in a Round Robin match, won by Jonathan Bates of Stamford, CT. Bates won his first two matches in convincing style, thereby shutting out any chance for Orleans and Robert Szlosek of Leeds, MA.

There was a surprise outcome in the Men's 65 Doubles when the number 2 ranked New England team of Tommie George of Northborough, MA, and Peter Allen of Westborough, MA, got outdueled by the 4th ranked team of two Williams, Ruth of Waban, MA, and White of New York City. Ruth & White needed 3 sets to win the event 6-2, 2-6, and the surprising 3rd set at love.

The Women's 50 Singles initially had 3 entrants, but one had to withdraw because of a shoulder injury. That set the stage for a one-match final in which Susan Wynn of Charlestown, MA, lost only one game to Caroline Cormier of Sturbridge, MA.

For the second year in a row, William MacArthur of Clifton Park, NY, was the winner in the Men's 65 Singles event, topping his 3 matches in convincing style, the last being 6-1, 6-2, over runnerup Mark Severs of Lebanon, NH.

George Lynch of Woodstock, VT, returned to his winning form by taking the title in the Men's 70 Singles 6-2, 6-0 over home town player Russell Bullett of Williamstown, MA.

In the Men's 75 Singles, James Rauch came all the way from Annandale, NJ, to play in the tournament but didn't leave empty handed. In a spirited match that saw long rallies under a hot sun, Rauch won the event with a 6-3, 6-4, victory over Richard Canepa of Newburyport, MA.

The Men's 80 Singles title went to George Boyce of Lincoln, RI, after he won his two matches in the Round Robin play, that also included Richard Mount of Chestnut Hill, MA, and James Adler of Chevy Chase, MD. Boyce lost only 1 game in his two contests. Boyce then teamed with Mount to capture the Men's 80 Doubles event in a long 3 set match over Richard Morse of Hingham, MA, and Paul Young of Durham, NH, 6-3, 2-6, 6-4.

Two teams vied for the Men's 75 Doubles event. The tandem of David Lowry of Newton, MA, and Eugene Wheeler of Bow, NH, defeated Curt Tong of Williamstown, MA, and Morse, 6-3, 6-2.

In one of the longest matches of the tournament, the 45 Mixed Doubles, the husband-wife team of Susan and Scott Wynn of Charlestown, MA, prevailed in a 3 tiebreaker set match over James Heath of Phoenixville, PA, and Carol Lamoureux, 6-7 (4), 7-6 (5), 7-6 (5). Heath is Susan Wynn's brother.
And in the 65 Mixed Doubles, Susan Doyle and Robert Whitehouse - both from Keene, NH, defeated Curt Anderson of Wellesley, MA, and Susanne McInerney of Newton, MA, 6-2, 6-4.

Tournament Co-Directors Dot Houston and Ron Plock said it was one of the best tournaments in the long history of the Chaffee-Hart-Alden event. Peter Allen, President of the New England Senior Tennis Foundation, used his speech at the Friday night banquet to give a glowing tribute to the late Clarence C. Chaffee, who coached tennis, squash and soccer at Williams College for 33 years, and was inducted into the USTA New England Hall of Fame in 1990. Allen, an alum of Williams, played tennis under Chaffee.

Tournament officials are already planning for the 2014 tournament with a goal of attracting even more women and doubles teams for the event.

Mixed Doubles 65: Curt Anderson/Susanne McInerney; Susan Doyle/Robert Whitehouse, 6-2, 6-4.

Mixed Doubles 45: Carol Lamoureaux/James Heath; Susan and Scott Wynn, 6-7(4), 7-6(5), 7-6(5).

Men’s 75 Singles: Dick Canepa/James Rauch, 6-3, 6-4.

Men’s 50 Singles: James Orleans/Robert Barr, 6-0, 6-1.

Men’s 80 Singles: George Boyce with tournament co-director Dot Houston.

Men’s 60 Singles: Jonathon Bates with Dot Houston.
Continued from page 12 (Gene Mako)

player who could be given a set for his troubles, rather than a condescending pat on the head," he was quoted as saying in "Bud Collins' Modern Encyclopedia of Tennis," by Collins and Zander Hollander.

Mako also won the mixed doubles at Longwood in 1936, teaming with Alice Marble in a straight-set defeat of Budge and Sarah Palfrey Fabyan. He was inducted into the Tennis Hall of Fame in 1973 for his outstanding doubles play.

Constantine Gene Mako was born in Budapest on Jan. 24, 1916. His father, Bartholomew, was an artist who painted, drew and created sculptures, and his mother, the former Georgina Farka, was a teacher. The family moved to Italy and Argentina and then came to the Los Angeles area when Gene was a youngster. Bartholomew Mako produced paintings promoting Hollywood films.

Mako, who began playing tennis on public courts in the Los Angeles area, was winning tournaments by age 12 and became friends with Budge as a teenager, the two of them also sharing a love of jazz. He won the national collegiate singles and doubles titles, pairing with Phillip Caslin, for Southern California in 1934.

Mako was part of the Hollywood celebrity set in the 1930s, mingling with film stars. When he was married in November 1941 his best man was the actor Paul Lukas, a fellow native of Budapest and a tennis enthusiast, who had cheered Mako and Budge in the Davis Cup competition at Wimbledon in 1937, taking along Jack Benny.

Mako was ranked No. 3 in the United States in 1938. When Budge began competing as a pro the following year, Mako curtailed his play. He served in the Navy during World War II and briefly played pro tennis.

He later became an art dealer in Los Angeles at Gene Mako Galleries and assembled many of his father's artworks. He also built private tennis courts. Budge died in 2000.

Mako, who lived in West Hollywood, is survived by his wife, the former Laura Mae Church.

Long after his tennis heyday, Mako reflected on his shoulder injury and its consequences. "Everybody said I had the best serve and overhead in the world," he told The Los Angeles Times in 2007, recalling the time before he was hurt. "And I went from that to nothing. Mentally, it was a terrible thing.

"Because I had to concentrate like a son of a gun after I was injured, maybe I would not have played any better, or even as well, if I hadn't been injured. I did most everything I did with whatever talent I had."
IMPAINGEMENT SYNDROME

By Jack D. Goldstein, M.D.
Fellowship Trained in Orthopaedic Sports Medicine

GENERAL
The shoulder is the most mobile joint in the body. Its remarkable range of motion is achieved by a design with less stability than a ball and socket joint like the hip. The shoulder resembles a golf ball sitting on a tee. It falls off easily (dislocates) and the normal restraints for this are the capsule with its incorporated ligaments, and the rotator cuff. The rotator cuff is a sleeve of tendons whose muscles originate primarily from the shoulder blade (scapula). The tendons of these muscles insert in a ring at the perimeter of the humeral head (ball of the joint). These muscles are so named because they provide rotational motion of the arm. They also act to hold the head of the humerus down, by their general downward inclination from the humerus to the scapula. The deltoid is the most superficial muscle over the shoulder, and covers it like a hood. It elevates the arm but at the same time, elevates the humeral head against the acromion. The deltoid originates from the acromion (shoulder cap), the clavicle, and the spine of the scapula, and inserts halfway down the upper arm.

SYMPTOMS
Impingement occurs when the rotator cuff tendons are pinched between the acromion and the humeral head. This causes characteristic anterior shoulder pain which is "tooth-ache" like in nature. Pain generally radiates down the front of the upper arm. Overhead activities aggravate this condition, and reaching behind the back is painful. Neck pain or scapular pain may result with associated muscle spasm. Nighttime awakening is common.

CAUSES
Any force which causes recoil of the humeral head against the acromion increases symptoms. Throwing or racquet sports may increase symptoms. Shoulder instability, which allows for abnormal motion of the ball relative to the cup (subluxation) may also cause impingement. Repetitive overhead arm use, reach-
ing, or scrubbing motions with the arm may aggravate symptoms.

Normally a bursa (sac) is interposed between the rotator cuff and the acromion. This lubricates the motion of the tendons minimizing friction and wear. Normally, the bursa is thin and resembles a plastic bag with a few drops of oil inside. Bursitis or inflammation of the sac causes thickening and less space for the tendons. This causes more symptoms of impingement with catching and crunching sounds on overhead motion of the arm. This occurs as the bursa is pinched between the acromion and humerus. With prolonged inflammation, the rotator cuff tendons are rubbed on directly and slowly are abraded. Eventually this may result in a rotator cuff tear. Here the tendons rip from their attachment into the humeral head. Early this may be painful with little functional loss. A large tear, however, is often very debilitating and causes weak rotational strength and limited arm elevation. The symptoms of impingement on physical exam are fairly characteristic. A special x-ray view is also highly correlated with symptoms. Cervical spine problems or arthritis between the acromion and clavicle may mimic the condition.

**TREATMENT**

Treatment is in three stages. Initially, rest from irritating activities and oral anti-inflammatory medicine helps relieve bursal swelling. Rotator cuff strengthening helps hold the humerus down and open the tendon space. If this is not effective, subacromial steroid injection may act directly in the space to rapidly decrease inflammation. More than 80% of patients treated by these means improve to their satisfaction. If symptoms are not relieved with conservative measures exhausted, arthroscopic decompression may be performed to remove the bony impingement against the rotator cuff. This is performed as an outpatient procedure, and has an 85% good to excellent result in carefully selected patients. Those with associated rotator cuff tears may be treated arthroscopically with simultaneous repair of the cuff through a small incision directly over the tear. If the tear is too large, however, a standard operative anterior approach is required. This may require overnight recuperation in the hospital, or as an outpatient procedure.

**REHABILITATION**

The shoulder is highly susceptible to postoperative stiffness. It is important to maintain a normal range of motion after surgery. When arthroscopic decompression is only needed, rapid return of motion and strength are encouraged without restrictions. With rotator cuff repair, passive elevation only is allowed for 6 to 8 weeks while tendon healing is in progress. Muscle strengthening is then encouraged beginning with rotator cuff strengthening.

**SUMMARY**

In summary, impingement syndrome is a mechanical pinching of the rotator cuff increased by certain activities and anatomic variation. Conservative measures generally relieve symptoms in about 85% of patients to their satisfaction. If this fails, surgical intervention improves pain and disability in a high percentage of patients, and often can be performed on an out-patient basis.

*Compliments of Center for Sports Medicine, Orthopaedics & Podiatry*
Djokovic Opens the Refrigerator

by Tom Perrotta

As Novak Djokovic climbed from a distant No. 3 to a convincing No. 1 in men's tennis over the past few years, he gave a lot of credit to a new gluten free diet. He was also famously outed by this newspaper during the 2011 U.S. Open for his devotion to the benefits of sitting inside a pressurized egg-shaped contraption called a CVAC.

But in a new book that will be released next month, Djokovic reveals much more about the diet and regimen he follows-details he has, until now, kept quiet.

It offers a rare look into the mind of an elite athlete who has climbed to the top of a brutally competitive sport during one of its most competitive eras.

It also confirms something many tennis fans have long suspected: Novak Djokovic is a decidedly unusual fellow.

Want to roll like the world's top men's tennis player? Start by drinking loads of warm water all day long, as well as shakes made with pea protein concentrate. Avoid dairy and stay away from alcohol during tournaments. Eat lots of avocados, cashew butter and very little sugar. Banish caffeine, other than the occasional energy gel bar before matches. Be sure to get seven to eight hours of sleep a night, meditate, do plenty of yoga and tai chi, take melatonin supplements, hook yourself up to a biofeedback machine that measures your stress level and, when you have a free moment or two, keep a diary. Feel free to unwind with a cup of warm licorice tea.

In the book, Djokovic reveals one of his heretofore unknown obsessions: manuka honey from New Zealand. This expensive and tasty variety of honey comes from bees that feed on New Zealand's manuka trees-a dense branched genus of shrub that can thrive in soil so depleted of nutrients that little else grows in it. "The first thing I do out of bed is to drink a tall glass of room-temperature water," Djokovic writes in Serve to Win, which is scheduled for release by Zinc Ink, an imprint of Random House, on Aug. 20. "The second thing I do might really surprise you: I eat two spoonfuls of honey. Every day." He says he also eats it during matches.

Dr. Peter Molan, a professor in biological sciences and a manuka honey expert at the University of Waikato in New Zealand, said the honey is known to have "exceptional" anti-bacterial properties, but that it's mostly used on infected wounds. He said he didn't think eating it would do a tennis player a lot of good. "A whole large jarful would get diluted too much by your system to be effective."

Pro athletes-including many, many tennis players-are well known for their quirks and compulsions, both on the field and off. Djokovic doesn't have nearly as many of these as Rafael Nadal, whom Djokovic calls "a ball of nervous tics and superstitious rituals."

Djokovic describes himself as more of a 26-year-old new-age wanderer. "The great gift of tennis has been the opportunity to travel," he writes. "It has allowed me to open my mind to what other cultures have to offer."

In the book, Djokovic says he drinks mostly warm water because cold water slows digestion and "diverts blood away from where I want it-in my muscles." He reveals perhaps a bit too much about his ideal hydration level-"I like to have a bit of color in my urine"-and tells of his first encounter with
chocolate after a year-and-a-half hiatus. He ate some after he beat Nadal in the 2012 Australian Open final, which lasted nearly six hours.

Djokovic credits his transformation to Dr. Igor Cetojevic, a "skinny, grayhaired, mustachioed" Serbian nutritionist living in Cyprus. Dr. Cetojevic persuaded the tennis star to give up gluten by administering a simple test: He told Djokovic to put his left hand on his stomach, hold out his right arm and resist as the doctor pulled down on his arm. Then Dr. Cetojevic gave Djokovic a slice of bread and told him to hold that against his stomach and repeated the test.

"This seemed like madness," Djokovic writes. "And yet, there was a noticeable difference."

When an enzyme-linked immunosorbent assay (ELISA) test showed Djokovic had a strong intolerance to wheat and dairy, he went without gluten for 14 days and felt great. Then the doctor asked him to eat a bagel. "I felt as though I'd woken up with a hangover," he writes. Djokovic swore off gluten for good and ended up losing 11 pounds. He says he feels faster, more flexible and better able to concentrate.

Since he started his new diet, he writes, "My allergies abated; my asthma disappeared; my fears and doubts were replaced by confidence." He adds: "I have not had a serious cold or flu in nearly three years."

The book isn't all about diet and recipes. It's also part biographical: The Serbian-born Djokovic, who lost to Andy Murray in the Wimbledon singles final earlier this month, briefly recounts fleeing to a concrete bunker as a child when an F-117 bomber-"its great metal belly opened directly above me"- passed overhead during the NATO bombing of Belgrade.

Djokovic also discusses his devotion to the teachings of Eastern medicine and philosophy. One of his favorite demonstrations, he says, involved a researcher and two glasses of water. The researcher shared positive energy with one glass ("love, joy, happiness"). He shared negative energy with the other and swore at it ("anger, fear, hostility"). After several days, the negative water was tinted green, and the positive water was still clear.

"Sounds crazy, right?" Djokovic writes. "But to me, that test is proof that every single thing in the world shares the same kind of energy-people, animals, the elements, everything."

One thing that's not in the book: any mention of his affinity for the CVAC pod, an airtight chamber that manipulates air pressure, temperature and density and is used by athletes to aid in their recovery.

"What matters is not whether you believe in or follow these particular approaches," Djokovic writes. "What matters is that you are open minded."

Continued from page 11 (Hall of Fame)

2010: Pamela Hobbs Atkinson, William "Bill" Hart, Al Rogan

2011: James Biggs, Errol Coard, Diane Hoffman, Al Rogers

2012: Dorothy "Dolly" Snow Bicknell, Neil Chase, Lynn Miller, Henry "Sonny" Paige, Paul C. Young

**Past Gardner Chase Memorial Award Recipients:**

**Past Edwin Goodman Family of the Year Award Recipients:**
In New World Of Tennis, It's Survival Of the Fittest

by Christopher Clarey

PARIS - The last time anyone played a Grand Slam tennis match, Novak Djokovic required nearly six hours to finish off Rafael Nadal in the Australian Open final.

Just what extremes might be required of the leading men on the gritty, rally-extending red clay at the French Open, which begins Sunday?

"I think a big Roland Garros is in front of us," said Ivan Ljubicic, a recently retired Croatian player. "I mean, it's clay. At the end of the day, how short can the matches be?"

Nearly four months since the Australian Open, the memory of that exhausting, record-setting 5-hour-53-minute mini-series of a final remains vivid.

"To see what Nadal and Djokovic were doing late in that match, running each other, pounding the ball, I also was sitting there going, 'I don't know how these guys are doing it;' said Doug Spreen, a veteran trainer who has been on tour since 1995 and has worked with Andy Roddick exclusively since 2004.

Djokovic, who had needed almost five hours to win his semifinal against Andy Murray, showed signs of physical breakdown. But no one surrendered, at least not until the victory ceremony, as Djokovic and Nadal were relieved to break protocol and sit instead of stand.

The Melbourne final was only the latest and most meaningful expression of a trend in which fitness has assumed ever more importance on the men's tour.

It is no coincidence that Roger Federer, Jo-Wilfried Tsonga and Murray have sometimes traveled without coaches but not without trainers. It is telling that the longest-serving member of Federer's core support staff is the fitness trainer Pierre Paganini, who formally joined his team in 2000 and first helped him in the mid-1990s.

When Djokovic celebrated his Wimbledon victory and rise to No. 1 with a huge crowd in Belgrade last July, his two physical trainers - Gebhard Phil-Gritsch and Miljan Amanovic - were on stage with him, just as they are with him on the road: fine-tuning him, massaging him and stretching him again and again to make sure the elastic Djokovic remains limber and resistant to injury.

"I certainly think these guys at the top, they have very large teams they work with," said Jim Courier, the United States Davis Cup captain and former world No. 1, who was one of the fittest players in the 1990s. "They have become very scientific about their sweat loss and replacing the minerals very specifically with what's coming out of their bodies. And I think they've really taken the science on the legal side up to the next level, which is interesting. I think they also have gotten much better at recovery."

One reason the Australian Open final was the longest in modern Grand Slam tennis history was that Djokovic and Nadal play so deliberately.

But their time-wasting quirks should not overshadow the intensity required to compete for the major trophies. The sport, because of new equipment, is more power driven and concussive than ever, and it is played in increasingly uniform and comparatively slow conditions that encourage longer exchanges.

"The simple question when you play the great players is, 'O.K., how can I finish the point?" said Paul Annacone, Federer's co-coach. "There are not many guys who can figure out how to do that against Rafa or Andy Murray. They defend so well, and in most of these conditions, it's very difficult."
Annacone added: "I think that's why we're seeing less upsets in the Slams. The guys are just too good athletically."

"If you are ranked 25 or 30, you cannot afford to have three guys traveling with you all the time," Ljubicic said.

The ATP Tour makes trainers available to all players at tournaments. Tennis federations from some countries, including France and the United States, sometimes provide trainers that their players can use on the road. Some lower-ranked players split the cost of a full-time trainer or fitness coach. But the benefits of personalized round-the-calendar care and handling are clear.

"Rafa is going to train totally different than Roger, and Roger will train totally different than Tsonga," Annacone said.

What is clear is that the stars are spending more time on fitness work or injury prevention, sometimes at the expense of hitting balls. Ljubicic, who retired at 33 in April, said he was playing less than two hours a day in his final years on tour and spending up to six hours a day on off-court work. Nadal, still just 25 but in his 12th year as a pro, said he had cut back significantly on his court time.

"When I was 14 or 15, I'd practice six hours sometimes," he said. "But today is different. When I was 19 and started on the tour, and I was not playing for two weeks, I'd come back and felt I was completely out of rhythm. That's because your technique is not fantastic. Today, I can be away from tennis for 12 days, 14 days. I come back and I don't have a bad feeling."

Communication is critical. Paganini said Federer could sometimes sense a potential injury before he had pain.

Phil-Gritsch said: "Novak's very sensitive; he can give you incredible feedback. If there is something not perfect with his body, he immediately gives you feedback: 'This and this in that match. I feel this way, that way. We have to adjust.' He's like a Formula One car."

They experiment. Djokovic, who cut gluten from his diet last year to combat allergies, has occasionally used a device called the CVAC pod: a chamber that is meant to simulate altitude changes and can aid in recovery and increase the oxygen-carrying capacity of blood.

Nadal has used platelet-rich plasma therapy the last three years to help with chronic knee pain. The injections are painful enough to have brought him to tears. The Spanish Davis Cup team also sometimes travels with a portable oxygen tent that Nadal, David Ferrer and others have used to try to improve recovery.

"We're up to speed on all this stuff except for this oxygen tent, which we now need to get the U.S.T.A. to purchase for us," said Courier, whose Davis Cup team will face Spain in September.

But the quest for an edge and the increased physicality also raise the specter of other shortcuts. Courier said he understood the doubts but rejected them.

"I want to be crystal clear," Courier said. "There's not a part of me that thinks these guys are doing anything illegal."

Tennis, an Olympic sport, conforms to the World Anti-Doping Agency code, and none of the current top men have been found guilty of a doping offense. Courier, who expressed con-
Reflections from an Umpire

by Ray Brodeur

Up until the spring of 1966, golf was my "sport." I was really getting into it after my return from the Peace Corps the previous year. But when the Board of Directors ostracized me from joining the Rock Hill Country Club in Rock Hill, SC for teaching at an all black junior college, tennis became my sport of choice. There were no other golf courses within 30 miles. Fast forward to the fall of 1969 at age 30 when I took up the sport on a regular basis by joining a fledgling group of adults who rented courts in the summertime from the Ethel Walker School and called themselves the Simsbury Tennis Association (STA). That same year, a very shy businessman named Jim French and his wife Rose opened an indoor tennis facility and named it the Simsbury Tennis House (STH). I joined the STH and played doubles every Wednesday night for the next 15 or so years with the same group of guys from the STA during the winter. In February 1970, Bud Leightheiser a Wednesday night regular and an employee of the Aetna Insurance Company, asked our group if any of us would like to be line umpires at a newly created tournament called the Aetna World Cup (AWC). Arthur Ashe as a member of Aetna's Board of Directors persuaded the company to sponsor a tournament pitting the best Australians against the best Americans. So for the next eight years from 1970 to 1977, before sold-out crowds at Trinity College, the Hartford Armory and the Hartford Civic Center, I became a line umpire for four days once a year. The Aussies with the likes of Laver, Newcombe, Rosewell, Roche, Stolle and Emerson dominated the Americans five out of the first six years. How weird is this? In 1974, I called the service line in the celebrity doubles match between OJ Simpson and American Captain Dennis Ralston and Bill Cosby and Australian Captain Fred Stolle. The last two years the Americans won with Jimmy Connors, Dick Stockton, Brian Gottfried, Stan Smith and Ashe. In 1977, the AWC ended when the Americans shut out the Aussies 7-0. The great Aussie era was over and I became hooked on umpiring.

The professional tour in 1978 was known as the WTC or World Championship Tennis. With the end of the AWC, the WTC saw Greater Hartford as a perfect stop for one of its tournaments. With no experience I was asked by probably the most well known chair umpire in tennis history, Frank Hammond, to assemble a crew of line umpires. The tournament went well. John McEnroe entered as a professional player for the first time in his career. With Frank in the chair, McEnroe dispatched another first time pro, South African Johan Kriek 6-2, 6-4 in the finals. Minutes before the start of the doubles match, because of health issues, Frank asked me to chair the doubles final. I had never chaired a tennis match in my life. My nerves were decidedly on edge but I managed to finish the match with McEnroe and Bill Mays, his Stanford doubles partner, easily defeating Mark Edmundson and Kriek 6-0, 6-2. It was not to be my last time in the chair with Johnny Mac. After the doubles, I found it a bit odd watching Mac's father sprinting up this very long steep stairwell to the bursar's office which overlooked the courts to collect his son's first winnings as a professional. Maybe it was time to recoup some of the money spent all those years on coaches and court time.

I officially became a USTA certified umpire in February 1980 and began umpiring at professional tournaments held at Longwood, Forest Hills, Washington DC, Delray Beach, Key Biscayne, Worcester, Newport, North Conway, Stratton Mountain, New Haven, Scottsdale, Amelia Island, Binghamton, Flushing Meadows and so on. Some pretty wacky things happen while either sitting on a line or in the chair. Take for instance the Lipton International, the precursor to the current Sony Ericsson Open that started at Lavers International, Tennis Resort in Delray Beach, Florida, in 1985. Ivan Lendl is battling with Larry Stefanik when without warning the Italian chair umpire, Luigi Brambilla, in the middle of a game, got out of the chair walked off the court and was never seen again. The players looked at each other, shrugged their shoulders, talked it over and continued playing. I was on a baseline and, along with the rest of the crew, continued to make line calls while somebody from the press called out the score. Lendl prevailed in straight sets. Needless to say, Luigi never chaired another professional match on US
soil. At the Volvo International in Stratton Mountain, I was in the chair, my son David was a ball boy, when a blizzard of Dixie Cups suddenly appeared in my vision and fell like snow all over the court. One of the players decided to vent his frustrations on the changeover with his racquet. Code violation - racquet abuse. Or how about the time in a collegiate match at Yale, the No. 6 singles player for Rutgers pulled down his shorts and mooned me after I overruled his 'out' call. Code violation - abuse of an official. Remember Brian Teacher. He asked me for an injury time out because he had a blister on his heel. The rule at that time in professional tennis did not allow for a medical time out unless the blister was bleeding. Upon learning this, Mr. Teacher grabbed his blister and ripped it off spewing blood all over. Trainer to court. And I'll never forget the night match on national TV at the US Open when Andre Agassi with his long flowing blonde hair got on his knees in front of me and begged me to change my call on game point from in to out on his baseline. To this day, I'm not sure if he was mocking me or joking with me.

Remember when the US Pro Championships was held at Longwood on clay? As a new chair umpire trying to gain experience, I would chair the qualifying matches on the upper courts along with other aspiring umpires. You would think umpiring a match on clay would be easy until you were told by the ATP supervisor that the chair had to call all the lines including the serve and far sideline without any line umpires. This led to chaotic matches as you frequently jumped off the chair, ran to the disputed mark, pointed, made a decision, ran back, hoisted yourself into the chair to resume play. This arrangement continued for about three years until the tour relented under a barrage of complaints from the players. Umpiring at Longwood gave me my first opportunity to play on grass after the day's matches were over. It was at Longwood that I had the privilege of playing doubles against Bud Collins and another sports writer in the media-versus-umpires tournament. Playing bare-footed Bud and partner trounced us, 6-1. John McEnroe has been thrown out three tennis matches in his life: one at the Australian Open and two while I sat in the chair. The first time I threw Mac out was on October 6, 1996 in the finals of a regionally televised indoor tournament in New Canaan, CT. His opponent was Jimmy Arias. The place was sold out and noisy. Arias won the first set 7-6 (4), Mac won the second set 7-6 (5). I had already given a warning to Mac about his language in the second set. The final set was to be a 7-point tie-break set. Mac had a match point and serving at 6-5, the baseline umpire called one of his ground strokes long to which he took exception. He yelled at the umpire then threw his racquet across the court banging the back wall. "Code violation, racquet abuse, point penalty, Arias leads 7-6, change ends." Mac stumps to his bench and refuses to play. Boos and hisses rain down from the stands. After several attempts to get him to resume play with Arias waiting at the baseline, I defaulted John McEnroe for the first time. After my announcement, Arias stood at the baseline flexing his muscles in triumph. Fisticuffs nearly erupted between Mac and an irate spectator who descended from his seat to confront "The Brat." Mac was ready to crack this guy with his racquet when others stepped between them to prevent mayhem.

The second time I threw Mac out was on August 15, 2008, at the Tennis Hall of Fame in the first round of a round robin of the Champions Tour against Malivai Washington. The match went downhill pretty quickly. Mac used the 'F' word in the first set with a fan in the south stands. I ignored this obscenity much to the displeasure of Mr. Washington who questioned my hearing when I denied hearing it. Mac won the first set, 6-3, and fell behind in the second set, 4-2, with Washington serving at deuce. This is usually when Mac loses it either purposely to break his opponent's concentration or he simply cannot control himself. Mac hits a return-of-serve called wide by the near sideline umpire. He claims he saw chalk and using profanity berates the umpire. With two young ball girls standing at the chair, I issued a warning to Mac for using obscene language. It took him a split second to blast me with profanity for which I issued a point penalty giving Washington the game and now leading 5-2. Mac wasn't done. He continued to berate me like a drunken sailor on leave in Newport for which I administered a game penalty and now Washington had the set, 6-2. The fans in the sun-drenched south stand seats during Mac's tirade began yelling at him to shut up and play while the very cultured, well-shaded spectators in the
north, east and west stands demurely watched and listened. Mac turns to the south stands and emphati-
cally gives them the middle finger of his left hand while holding and thrusting his racquet towards a very blue sky. That's all that is needed to declare a default for using a visible obscenity. John Venison, the tour supervisor, came to court, discussed my default decision with me and then with McEnroe. Mac agreed with the first three code violations but denied giving an obscene gesture to the fans. Venison became convinced when I confirmed the second time that there was no doubt in my mind about what transpired. He informed Mac he was defaulted and together Venison and I walked off the court while jeers poured out of the stands. There were probably six people reaching to shake my hand as I passed through the gate congratulating me for standing up to John McEnroe. Total gratification arrived the next morning when on the front page of the Newport News, readers were greeted with a blown up photo of Mac holding his racquet with his middle finger extended toward the south stands.

It has been an interesting 33 years to say the least, and I look forward to officiating the men's Harvard - Yale match on April 21 at Yale.

Continued from page 21 (New World of Tennis)

cerns in 1999 that tennis had a problem with the banned endurance booster EPO, said he now believed in the testing program and that the top players had too much to lose to risk sanction.

If so, the question remains: how else do the men handle the new physical challenges? Paganini and Spreen said progress had come from optimization and attention to detail across the board. Tennis pros as a group are more systematic about recovery, including cool-down, prompt postmatch nutrition and rehydration, massage and ice massage.

Off-court work has also become much more tennis specific, with elements like the long training run and heavy weights eclipsed by core strength training and drills that emphasize the short bursts that tennis demands.

"They are doing more explosive stuff," Spreen said. "Guys are not just doing running to stay in shape. They are running to try and increase their quickness, make their first step a little bit better."

Navigating the calendar and adjusting practice schedules for tournament success are all done at the top level in concert with fitness specialists. Djokovic's breakout year in 2011 came in part from building breaks into his season. Roger Rasheed, a former coach of Lleyton Hewitt and Gaël Monfils, said there was room for fitness improvement beyond the elite players. But he had no doubt about the requirements to challenge them.

"At the Grand Slams today, the question to ask is, 'How well is my body going to operate in the fifth hour?'" Rasheed said. "If you think it's really going to be a battle and you won't be able to handle the load, you better do something about it."
The accolades and esteem that Chafe earned are appropriately extraordinary. I’ll close with six examples:

- In 1990 Chafe was among the first seven men (along with five women) inducted into the New England Tennis Hall of Fame. His fellow luminaries were Bud Collins, Don Manchester, Billy Power, Chauncy Steele, Charlie Swanson, and Ned Weld... great company!

- Within the past two years, many Williams athletes who had been coached by Chafe over his 33 years published a personal tribute book about Chafe's importance in their lives. A copy of the book is in the Chaffee Tennis House at the college courts. Everyone's story was individual and different, but many had enjoyed coaching opportunities and wrote of often wondering, "What would Chafe say or do in this situation?" One article was by my Williams doubles partner, Bill Ewen, who often returns to play in this tournament. For 46 years Bill taught Math and coached tennis and squash at Hopkins Grammar School in New Haven, receiving USTA New England's 2010 High School Coach of the Year Award.

- The New England Small College Athletic Conference (NESCAC) men's tennis coaches annually award a Clarence Chaffee Sportsmanship Award to the individual who best displays a high standard of tennis coupled with the highest levels of sportsmanship.

- The Chaffee Award is given annually by the College Squash Association to a coach whose team has demonstrated the qualities of sportsmanship, teamwork, character, and improvement.

- In the words of Jack Barnaby, the legendary tennis and squash coach of Harvard University: "If ever I had a favorite amongst my rival coaches it had to be 'Chafe.' He exemplified that now disappearing type: the gentleman sportsman. Soccer, tennis, squash, skiing—you name it, Chafe was good at it and reveled in it. His love of competition, his unfailing sense of fair play, and the values he and his wife Fran exemplified to all his players made him such a beloved coach that his fame went far and wide and still flourishes. I know I speak for all the coaches of his era when I pay him tribute: We loved him, too."

Finally, this weekend's annual tournament continues to honor Chafe's memory and the way he played and coached the game we all love. Thanks to Ron Plock and the Tournament Committee for continuing the legacy passed on to us by Chafe, by Billy Hart, and by Nancy Alden.
The New England Senior Tennis Foundation is soliciting proposals for programs which will support and promote the goals of the Foundation which are: to promote tennis among senior adults (45 and older for men and 40 and older for women) in New England and, by instruction and education through the operation of clinics, programs and competitive events, to enhance their physical and mental well-being and thereby their quality of life. The Board of Directors of the Foundation will award a grant of up to $2,000 to an individual or organization that submits a proposal that is consistent with the above goals. The deadline for submission is February 28, 2014. The program can be run any time in 2014. If you have any questions on your idea for a program you may call George Ulrich at 860-443-2098. Please consider submitting a proposal using the attached form.

NEW ENGLAND SENIOR TENNIS FOUNDATION, INC.

PROGRAM GRANT REQUEST

Description of Program:
____________________________________________________________
____________________________________________________________
____________________________________________________________
____________________________________________________________

Budget for Program (Please provide breakdown of all expenses, e.g. salaries, materials, equipment, court rental, etc.)
____________________________________________________________
____________________________________________________________
____________________________________________________________
____________________________________________________________

Date(s) Program will be run:
________________________________

Geographic Location of Program:
_____________________________

Number of Seniors Expected to Participate in Program: ___________
____________________________________________________________

Goals and Objectives of Program: ______________________________
____________________________________________________________

Contact Person for Program:
Name ______________________________________________________
Address ____________________________________________________
Telephone __________________________________________________

We look forward to receiving some worthwhile ideas. Let us hear from you! – Donations to NESTF are accepted at any time.

The Atlantic Coast Cup Grant, named for Ray Barbero, a former captain of the New England team for ten years, is to be given to the Men’s Atlantic Coast team.
Williamstown Tennis Club

Men’s 75 Doubles:
Eugene Wheeler/David Lowry;
Curt Tong/Dick Morse,
6-3, 6-2.

Women’s 50 Singles:
Caroline Cormier,
Susan Wynn,
6-0, 6-1.

Men’s Doubles:
Dick Mount/George Boyce;
Paul Young/Dick Morse,
6-3, 2-6, 6-4.

Men’s 65 Doubles:
Tommie George/Peter Allen;
Bill White/Bill Ruth,
6-2, 2-6, 6-0.